



Connecticut Orthopedic Specialist lecture series: Latest Techniques in Imaging, Surgery and Physical Therapy Treatment



Dr. Paul Tortland founded Valley Sports Physicians and Orthopedic Medicine in 1995. He is a graduate of New England College of Osteopathic Medicine. After graduation his focus on Sports Medicine led him to be the team physician for the University of Hartford, United States Figure Skating Association, Avon High School, and the Master's School in Simsbury CT. He has served as a volunteer physician for the U. S. Olympic Committee and the Head Team Physician for the New England Blizzard of the former women's professional American Basketball League.

Clinically his patients benefit from his considerable knowledge and treatment of musculoskeletal dysfunctions and conservative methods where he is one of the few physicians in the country certified in Prolotherapy. Since 2008 he has mastered the use of Musculoskeletal Ultrasound (MSK) to identify the extent of injury to athletes under his care in addition to his general patient population.

This lecture is important for physical therapists and primary care physicians to know when and where this imaging would help guide treatment. Physical therapists often see patients prior to an MRI or most costly imaging. The MSK provides the patient with an affordable means of knowing the extent of the injury and can help the physical therapist guide treatment in such a way that is beneficial to the patient at a low cost to the healthcare system.

Dr. Tortland will perform **MSK on audience volunteers as a live demonstration** to introduce this imaging technique and how it can help tailor treatment to improve physical therapy outcomes.

Objectives:

- Introduction to musculoskeletal ultrasound, including indications and limitations
- Compare/contrast the use of diagnostic MSK ultrasound vs. MRI
- Discuss the implications for therapeutic interventions using MSK ultrasound
- Live demonstration of ultrasound during second half of session
- Question and answers

Date: March 21, 2013

Time: 6-9 pm

Where: Wilde Auditorium on the University of Hartford campus

Cost: \$299 for 4 lectures (12 contact hours)

\$199 for choice of 3 lectures (9 contact hours)

\$99 per lecture (3 contact hours/ lecture)

Students: \$99 for 4 lectures OR \$25 for lecture of your choice

University of Hartford students: \$80 for 4 lectures OR \$20 for lecture of your choice

Go to www.canton-pt.com for directions, parking instructions, cancellation policy, and information on the other lectures in the series

Lecture handouts will be available one week before the presentation. Log on information will be given upon receipt of payment.